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A P P A R I T I O N S

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ANGEL MAGIC - For the Holidays and Everyday by Kelly L. Weaver

Here is a chant to use when you are facing negative people or situations:

I hold the power in my hand
I raise my arm, I make my stand
Speed of air, swift of wind
Harmony I'm about to send
The angels sing, I whirl about
I throw the energy up and about

Sending Angel Messages

A little note to let you know
I love your work, your kindness shows.
So go outside, take a big deep breath
And pray all your needs be met
I know the angels will listen to you
That's because I asked them to.
May love and light wing your way
May your spirit soar throughout the day.
May your troubles fly on a wing and a prayer
May your ever day be sunny and fair.



Letters to the Angels

This simple magic can have a profound effect on your life. Write your needs in a letter to your angel. Then burn the letter, asking the angels of fire to carry your message to its desired recipient. This also works for human communication. Say you really want to hear from someone, but don't have the nerve to call or write. Write a letter to them (in a positive way) then ask your angel to contact that person's angel and send your message through. You must also indicate that, if this is not the proper time in your spiritual paths to communicate, the message will be held until the time is right. Remember, you must always think of your motives and the results of your action on others. To contact someone because you want to seek revenge will not work through the angels.

Time to enhance your Personal Power

We have all had occasions where we felt like we were run over by a tractor-trailer. In these times, we need power. Try this invocation at your altar the next time you feel you've given just about all you've got and you have not more.

I take the power in my hands
From air and fire water and land
Power of the angels and divinity

Moves, and pulsates, the energy in me.
I build, I birth, I bring to form
I raise with might an energy storm.
I shape, I build, the ultimate power
From within me blooms the perfect flower
Of strength
Of healing
I build, I birth, I bring to form
I raise with might an energy storm.
I shape, I build, the ultimate power
From within me blooms the perfect flower
Of strength
Of healing
I reign.

To raise your self-esteem

To raise your self-esteem, you may want to create an angel board.
Supplies:

A piece of lined paper and a pen or pencil
Construction paper (variety of colors)
Angel wing pattern
Scissors
One sheet of poster board (any color)
Tape or glue
A black felt-tip pen
Artsy-craftsy things (ribbons, beads, lace, etc.)

Ground and center. Breathe deeply three times (more if you've had a stressful day). Write down on your paper all of the positive things you would like to bring into your life, or things in yourself you would like to change or make better.

Choose which symbols would work for your goal. Cut out angel wings from your paper for each desire, matching the colors and the paper to the colors on your list. (Green = \$, red = love, and so on).

On the front of each pair of wings, write down the desire. ON the back, draw the appropriate sigils, angel names, etc. If you don't want to make it that detailed, you do not have to. Decorate the wings any way you like.

Write your name in big letters across the poster board. Glue or tape the wings you made onto the board. Hang it up in your bedroom, or in the kitchen on the fridge. As each desire manifests, take the wings off and thank the angels. Burn the wings and scatter the ashes in the wind. Reward yourself with a little something special, like a CD you wanted or new shoes. On the same day you do something special for yourself, do something special for someone else in a random act of kindness. (Cont pg 2)

Anger and the Angels

No one really likes to be angry. Here is a little trick to keep your emotions in check. Carry a few small packets of salt in your pocket or purse. (From fast food restaurants). Write your angels name/desire as well as a symbol of your choice. One angel that works well with anger is ITQAL. When you find yourself facing angry people, open the packet and put a bit on your tongue. Throw the rest on the ground or over your shoulder. Visualize the anger falling away or transmuting into positive energy. The salt on your tongue helps remind you of your own angry feelings and will help you keep those feelings in check.

When you deal with angry/difficult people, immediately call your guardian angel for help. Keep your temper. Do not argue if the issue really is not important to you. Keep your voice low and continue to lower it. That will take the heat out of the air. Do not make vague requests of people. Be straight and to the point. Try to discover the real issue. Remember, sometimes there is nothing else you can do but just listen. Pick your battles.

PEACE ON EARTH
(and other worlds)



Left: Sharpsburg, MD Ghost Tour Guide. Craig & Melissa Telesha recently took this tour and report it is excellent. While not heavily commercialized as Gettysburg, quaint Sharpsburg filled the same role following the battle of Antietam: dead and dying soldiers were everywhere, and that energy lingers in many forms. “Grave-

diggers and Ghosts of Sharpsburg” offers several different tours. Details online at www.sharpsburgtours.com



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APPARITIONS

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NEW ORLEANS SUPERDOME HAUNTINGS (*Lon Strickler, from Phantoms and Monsters*)

I received the following narrative from a resident of New Orleans this past weekend:

Sir - thank you for reading my email. I want to convey my experiences while working in the vicinity of the Louisiana Superdome (now known as the Mercedes-Benz Superdome). I have worked in the warehouse in the Superdome as well as a steward in the Hyatt Regency across from Champions Square. I held these jobs between 2006 through 2014.

As you may remember, more than 40,000 people took shelter in the Superdome during Hurricane Katrina in August 2005. Though it was a refuge of last resort, the conditions were horrendous. I was told that only 5 people died there during the storm, but I know that many more died from the effects of that hellhole. There was death throughout the city - a few people I knew were never seen again.

I can safely say that the area in and around the Superdome is haunted. The management of the facility and other businesses around it are acutely aware of the paranormal activity. Security personnel is a revolving door - they rarely stay longer than a few months. The smell of death and filth still permeate the air in parts of the Superdome.

One late evening I was walking from the loading dock to Garage 5. I was approached by an older man who asked me if I could sell him a cigarette. I told him that he was trespassing, but he gave me no reaction. Then suddenly, he turned and faded away. I mentioned this incident to my supervisor, who just shrugged his shoulders and said that it wasn't unusual.

I later saw the same man walking around different areas, but only for a matter of seconds before he faded away. I have heard babies and children screaming & crying, but have never seen anyone.

I can attest to the fact that the Superdome has been blessed by several voodoo priests & priestesses. I believe the pain and suffering experienced during Hurricane Katrina are now a part of the structure. I was also told that the Superdome was originally built on top of old graves and that the angry spirits are now going to seek justice. I don't know how true that is, but it's something to think about.

The Hyatt Regency has also experienced various activity. One of the ladies who works as a steward told me that there have been times when patrons would quickly leave their rooms in the middle of the night because something scared them. She said that she had witnessed items move while cleaning a room, but that's all. It didn't seem to bother her at all.

New Orleans is a haunted city, and anyone who lives here knows that to be a fact. But this is my home and I plan to live here as long as I can. Nate

Comments: While I've never been there myself, friends Rosemary Ellen Guiley and Troy Taylor have been to New Orleans several times and will attest to its haunted history. It's certainly plausible to believe a tragedy on the scope of Katrina would only add 'fresh' hauntings to its reputation. - JDW